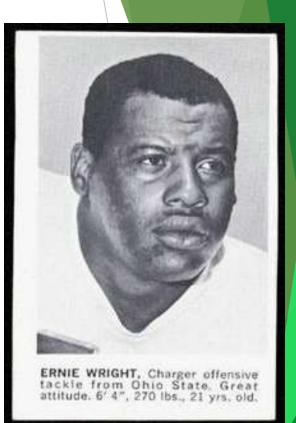
# Pro Kids -First Tee, SanPROKIDSDiego

**New Member Orientation** 

## **Pro Kids History**

- Pro Kids was founded in 1994 by former AFL/NFL player Ernest H. Wright, Sr. and a group of community leaders, who saw the game of golf as a way to help underserved youth develop the character and life skills required to find success in school and in life. In 2012, we opened a second location in Oceanside.
- Pro Kids is part of the First Tee, an international youth development organization founded by the PGA and other associations to advance the game of golf. The First Tee modeled their program after Pro Kids and in 1998, Pro Kids became a charter member, adopting the name Pro Kids - First Tee, San Diego
- Since its inception in 1999, our Scholarship program has awarded more than \$2.5 million to 250 scholars, many of whom are the first in their families to pursue a higher education and rely on scholarship funding to make school affordable.



"Get kids off the streets and into the fairways"

#### What Does Membership Include?

- Membership includes:
  - Free golf at Colina Park or Oceanside
  - Free use of practice putting green, course and driving range
  - Free club/equipment rental for onsite golf activities
  - Free SCGA Youth on Course membership for eligible participants
  - Access to Pro Kids LearningCenter
    - Workshops, Field Trips, Distance Learning Program, After-School Academy Program, Scholarship Program, and more.
  - Access to Pro Kids Golf and Life Skills program
    - Includes golf classes and additional golf opportunities throughout the month.
  - Your child's membership also grants a complimentary round of golf for the parent/legal guardian supervising the participant on the golf course when they come to play with the active Pro Kids member.
    - Additional adults from outside of the household and additional children over the age of 7 must pay the regular green fee if they are not registered participants.

#### How Much Does Membership Cost?

- One year commitment
- \$350 for the year
- All Pro Kids offerings and programs are included in the cost of membership.
- Financial aid is available for families who qualify or who have extenuating circumstances.
  - Please complete the financial aid section in our membership registration form and contact your program director (slides #14 & #15) with questions. **Pro Kids will never turn someone away for an inability to pay.**
- Pro Kids also recognizes military families and their service. If you are a military family (active or veteran), please indicate this on our member registration form in the military family section.

\*We have limited capacity for all our programs due to COVID-19 restrictions. Being a member DOES NOT guarantee a spot in programs, they are filled on a first-come, first-served basis through online signups each month.

\*You are encouraged to use your other Pro Kids Membership benefits that are listed on the next slide.

### Registering

- Register online at <u>http://www.thefirstteesandiego.org/.</u>
- Complete and submit a <u>Membership Registration</u> form and follow the instructions on screen.
- After submitting yourform, there will be a link to the <u>Health History Form</u>. Please complete and email to your local Program Director or print and turn in to the front desk.
- If your family is requesting financial aid please complete the financial aid section on our Membership Registration form.
- Questions can be directed to
  - City Heights: <u>Christine Duggan</u>
  - Oceanside: <u>Twannia Baker</u>
- Memberships must be renewed annually.

## Pro Kids Academy

- Focuses on academic support and enrichment (homework help, workshops, field trips, community service, fitness and games).
- Participate up to 5 days a week.
- Advanced sign-ups required; 1 month commitment at a time (i.e. Tuesdays/Thursdays for the month of November).
- Elementary, Middle School, and High School groups, no more than 10 students in one room.
- 2:00-5:30pm; Students can attend golf class but will need to sign up separately.





#### Pro Kids Golf Level System

- All brand new members will begin at Level 1
- Golf Certification Levels 1-7
- Privileges and opportunities earned throughout our golf program
- Certification Binders and Progression Recommendation
- Certified Golf Instructors coaching Golf & Life Skills while implementing core values through the game of golf
- Private lessons available for additional fee

# Pro Kids Golf Levels Chart

Pro Kids Levels (Age Recommendations)	Privileges Earned	Life Skills Learned	Golf Skills Learned
Level 1 (7-8 Years Old)	<ul> <li>Level 1 golf classes</li> <li>Supervised golf course/practice area</li> <li>3 golf club set available for classes</li> <li>White Pro Kids ID card</li> </ul>	<ul> <li>1-9 Core Values: Honesty, Integrity, Sportsmanship, Respect, Confidence, Responsibility, Perseverance, Courtesy, Judgment</li> <li>Code of Conduct: The 3 Respects</li> </ul>	<ul> <li>Play a 6-hole putting course in 18 strokes or less</li> <li>Chip 2 of 5 shots onto the green from 5 yards</li> <li>Play 3 holes in 16 strokes or less</li> </ul>
Level 2 (9-10 Years Old)	<ul> <li>Level 2 golf classes</li> <li>Unsupervised putting green access</li> <li>May join a level 4 on the golf course</li> <li>May sign-up for End of Month Tournaments</li> <li>3-5 golf club set available for classes</li> <li>Orange Pro Kids ID card</li> </ul>	<ul> <li>10-18 Core Values: Patience, Humility, Loyalty, Commitment, Kindness Discipline, Accountability, Bravery, Forgiveness</li> <li>Conversation (Ask-Listen-Respond)</li> <li>G.A.M.E.</li> <li>Code of Conduct: The 3 Respects</li> </ul>	<ul> <li>Play a 6-hole putting course under 16 strokes</li> <li>Pitch 2 of 5 shots onto the green from 10 yards</li> <li>Play a 3-hole chipping course in 12 strokes or less</li> <li>Hit 2 of 5 shots onto a green from 50 yards</li> <li>Hit 2 of 5 shots at least 75 yards</li> <li>Play 6 holes in 30 strokes or less</li> </ul>
Level 3 (11-12 Years Old)	<ul> <li>Level 3 golf classes</li> <li>Unsupervised putting green and driving range/Access to course</li> <li>Eligible for SCGA Youth on Course Card</li> <li>7 golf club set</li> <li>Blue Pro Kids ID card</li> </ul>	<ul> <li>Understanding the rules of golf</li> <li>Dreams vs goals</li> <li>Staying cool with the 4 R's</li> <li>Demonstrating etiquette</li> <li>Three Tips for Having Fun – staying patient, being positive, and asking for help</li> <li>Personal Par</li> </ul>	<ul> <li>Play a 6-hole putting course in 14 strokes or less</li> <li>Make 5 of 8 putts from 3 feet</li> <li>Play a 3-hole chipping course in 9 strokes or less</li> <li>Hit 2 of 5 shots onto a green from 75 yards</li> <li>Hit 2 of 5 shots at least 100 yards</li> <li>Hit 2 of 5 shots from the bunker onto the green</li> <li>Play 9 holes in 38 strokes or less</li> </ul>

Pro Kids Levels (Age Recommendations)	Privileges Earned	Life Skills Learned	Golf Skills Learned
Level 4 (13-14 Years Old)	<ul> <li>Level 4+ Friday golf classes</li> <li>Unsupervised access to all golf facilities</li> <li>Can mentor a level 2 member on the golf course</li> <li>Can assist with level 1&amp;2 golf classes</li> <li>Complete golf club set</li> <li>Red Pro Kids ID card</li> </ul>	<ul> <li>Using a pre-shot routine – STAR</li> <li>Setting SMART goals</li> <li>Understanding the GHIN Handicapping System</li> <li>Having a Go-To Team</li> <li>Being a Go-To Person</li> <li>Appreciating Diversity</li> <li>Required to complete 30 volunteer hours at PK</li> </ul>	<ul> <li>Play a 6-hole putting course in 12 strokes or less</li> <li>Hit 4 of 8 shots onto a green from 100 yards</li> <li>Hit 4 of 8 shots at least 150 yards</li> <li>Play (2) 9-hole rounds of golf in 35 strokes or less at Pro Kids</li> <li>Play (4) 9-hole rounds of golf in 54 strokes or less (at least 2500 yards)</li> </ul>
Level 5 (14-15 Years Old)	<ul> <li>Level 5+ Fridays</li> <li>Supervised access to club gripping station</li> <li>Eligible for Pro Kids Home and Home outings</li> <li>Eligible to play in Ernie Wright Cup</li> <li>Eligible for Annual Monterey Trip</li> <li>Yellow Pro Kids ID card</li> </ul>	<ul> <li>Dealing with conflict – CARE</li> <li>Interviewing</li> <li>Identifying your values and interests</li> <li>Understanding Handicap System</li> <li>Staying well for life</li> <li>Required to complete 60 volunteer hours at PK</li> </ul>	<ul> <li>Make 14 of 15 putts from 3 feet</li> <li>Play a 6-hole putting course in 11 strokes or less</li> <li>Putt 6 out of 10 within a 30 in. semi-circle from 25 feet</li> <li>Hit 6 of 10 shots at least 200 yards</li> <li>Chip 6 out of 10 within a 12 ft circle from 3 yards off the green</li> <li>Pitch 6 out of 10 shots within a 20 ft circle from 10 yards off the green</li> <li>Make 6 out of 10 shots onto the green from hole 10 or similar yardage</li> <li>Play 18 holes at Pro Kids course in 60 shots or less</li> <li>Score 43 or below on a regulation course (at least 2500 yards)</li> </ul>

Pro Kids Levels (Age Recommendations)	Privileges Earned	Life Skills Learned	Golf Skills Learned
Level 6 (15-16 Years Old)	<ul> <li>Level 5+ Fridays</li> <li>Access to Flightscope/Launch Monitor Technology</li> <li>Access to Loft and Lie machine</li> <li>Eligible for Annual Monterey Trip</li> <li>Green Pro Kids ID card</li> </ul>	<ul> <li>Planning for the future</li> <li>College Sports Eligibility</li> <li>Career Exploration–Golf Industry</li> <li>Required to complete 90 volunteer hours at PK</li> <li>Design and implement one level 1 golf class with Pro Kids golf coaches</li> </ul>	<ul> <li>Make 28 out of 30 putts from 3 feet</li> <li>Putt 8 out of 10 within a 30 in. semi-circle from 25 feet</li> <li>Chip 8 out of 10 shots within 12 ft circle from 3 yards off the green</li> <li>Pitch 8 out of 10 shots within a 20 ft circle from 10 yards off the green</li> <li>Make 8 out of 10 shots onto the green from hole 10 or similar yardage</li> <li>Make 4 out of 8 shots from the bunker into a 20 ft circle</li> <li>Hit 8 out of 10 shots at least 200 yards</li> <li>Play 18 holes at Pro Kids course in 54 shots or less</li> <li>Score 39 or below on a regulation course (at least 2500 yards)</li> </ul>
Level 7 (16-17 Years Old)	<ul> <li>Pro Kids Ambassador</li> <li>Club Fitting at Callaway/Taylornade</li> <li>Silver Pro Kids ID card</li> </ul>	• Stay well for life	PROKIDS



#### Golf Class Structure

- Safety is always a priority
- Multiple activities (full-swing, chipping, putting, and on-course)
- Fitness component
- 1 Word to Live by and 1 Golf Skill per class
- Golf clubs available to borrow/keep; if you have your own clubs, please bring them
- Things to bring: Water Bottle, Sunscreen, Athletic shoes (golf shoes not required), Comfortable clothing

## **Attending Golf Class**

\*We have limited capacity for all our programs due to COVID-19 restrictions. Being a member DOES NOT guarantee a spot in programs, they are filled on a first-come, first-served basis through online signups each month.

- Always check-in/out at the front counter or on driving range with a parent.
- Students can arrive no more than 15 minutes early for class.
- Level 1 & 2 students can only sign up for 1 class per day per week.
- Register for classes online in advance. No day-of signups are permitted.
- If you did not register for class online, a golf coach may let your child attend class if there is space in the classs, however, <u>no credit will be given for attending that class until online registration is</u> <u>done properly.</u>
- Class signups along with academy and field trip signups are on our website: <u>https://www.thefirstteesandiego.org/</u>.
- Please note a Pro Kids membership is required to attend class.
- Everyone must wear a mask and practice social distancing.

# **City Heights - Open Play Policy**

- City Heights families can play the course, 7 days a week depending on availability.
- Additional adults or children from outside of the household and over the age of 7, must pay the regular green fee if they are not registered participants.
- City Heights: call or email the front desk to reserve a tee time. We cannot guarantee course availability without a reservation:
  - Phone: 619-255-4425
  - E-mail: <a href="mailto:frontdeskch@prokidsonline.org">frontdeskch@prokidsonline.org</a>
- Level 1 members must be always supervised by an adult.
- Level 2 members must be accompanied by an adult or a Level 4+ member.
- Level 3+ members may play the course independently.
- Limited holes available during classtime (3-5pm)

# Oceanside - Open Play Policy

- Oceanside members can play the course 10am-5pm Mon-Fri, no reservation needed.
- Level 1 members must be always supervised by an adult.
- Level 2 members must be accompanied by an adult or a Level 4+ member.
- Level 3+ members may play the course independently.
- Limited holes available during class time (2:30-5pm)



#### Meals Available

- Monday-Friday
- 11:30-12:30PM (City Heights)
- 12:00-1:00PM (Oceanside)
- Currently, meals must be taken togo unless your child is on campus for programming

## **Behavior Expectations**

- Code Of Conduct
  - Respect for myself
  - Respect for others
  - Respect for my surroundings
- Consequences
  - 1 Removed from activity
  - 2 Call to guardians; potentially sent home
  - 3 Suspension from Pro Kids

## City Heights Staff

#### Learning Center

- Christine Duggan Program Director
- Hannah Green Elementary School
- Arthur Romero Elementary/Middle School & Volunteer Coordinator
- Eduardo Corona Middle School
- Amber Christensen High School/Scholars

#### Golf & Life Skills

- Mitch Stout Director of Golf
- Curtis Burkhead Pro Shop Manager/Head Golf Pro
- Charlie Leung Golf Pro
- Nick Canale Golf Pro
- Tyler Hardrick Golf Pro
- Daniel Yang Golf Pro

## Oceanside Staff

#### Learning Center

- Twannia Baker Program Director
- Noemi Rodriguez Middle School
- Daniel Saldana High School
- Summer McGrane -Education/Volunteer Specialist

#### Golf & LifeSkills

- Mitch Stout Director of Golf
- Kevin Sheriff Golf Pro 1
- Jenrick Quemado Golf Pro
- BJ Mitchell Golf Pro

#### Volunteer with Pro Kids!

- Complete an application on our <u>Website</u>
- Background check > Orientation > Training
- Golf/Learning Center/Admin/Events/Van Driver/Serve Meals/Lead a Workshop/endless possibilities
- Youth Volunteer (Level 2+ & 7<sup>th</sup> grade or higher)
- In City Heights, contact Arthur Romero for more information: <u>aromero@prokidsonline.org</u>
- In Oceanside, contact Summer McGrane for more information: <a href="mailto:smcgrane@prokidsonline.org">smcgrane@prokidsonline.org</a>
- Log in at the beginning and end of each volunteer shift with your volunteer PIN on our computer by the front counter



#### Scholar Program

- High school seniors who have been Pro Kids members for 2+ years are eligible
- Applications are available each winter, interviews are in the spring
- Scholarships are based on need and can be up to \$5,000
- Scholarships are renewable each year
- Scholars must complete 20 hours of community service each year to renew the scholarship
- Scholarships can be applied to 4-year colleges, community college, vocational training, etc.
- Questions? Contact Amber Christensen at <u>achristensen@prokidsonline.org</u>

#### **COVID-19 Changes**

- Advanced registration required for golf class, academy, and all programming. No day-of signups or drop-ins.
- Registration includes a COVID release form and a Health History form.
- Masks are required while on campus unless social distancing on the golf course, or eating a snack outside.
- Frequent hand-washing, sanitizing, and disinfecting surfaces is encouraged as much as possible.
- Check-in for programming may be outside the front gate or outside of the main door.
- Parents and siblings cannot stay on campus during class unless they have scheduled a tee time.
- Tee times must be scheduled in advance- call or email the front desk to schedule: <u>frontdesk@prokidsonline.org</u> or (619)582-7884.
- Group sizes for golf classes and academy programming are smaller; students have individual desks and supplies whenever possible.